

Assuring Pediatric Nutrition in the Hospital and Community



Tuesday - Friday
May 22 - 25, 2018
Seattle, Washington

Co-provided by:



University of Washington
Center on Human Development and Disability



Seattle Children's
HOSPITAL · RESEARCH · FOUNDATION

Seattle Children's Hospital, Research, and Foundation



Assuring Pediatric Nutrition in the Hospital and Community

Tuesday - Friday • May 22-25, 2018

Talaris Conference Center • Seattle, Washington

COURSE DESCRIPTION

Part 1 of this intensive training program prepares registered dietitians to screen children for nutritional problems, assess specific nutrient needs, and develop interventions for children with nutrition-related problems and special health care needs. **Part 2** explores more advanced topics of pediatric nutrition, in-depth.

Throughout the conference, speakers emphasize decision-making processes and the use of evidence-based practice. Teaching methods include lecture, interactive discussions, demonstration, and case-based learning. Upon completion of the course, participants will be subscribed to the closed listserv, Pediatric Nutrition Consultation On-Line, which provides ongoing pediatric nutrition consultation and resources. Enrollment is limited to facilitate interactive, small group learning experiences and to promote the development of clinical competencies. Participants are invited to submit case studies prior to the program on feeding problems in infants and children.

OBJECTIVES

Part 1 - After attending this training program, participants will be better able to:

- Develop and use screening and assessment tools for pediatric patients
- Select appropriate infant formulas or breast milk supplements for infants with medical conditions or chronic illnesses
- Describe typical feeding development, identify problem feeding, and determine approaches to feeding problems
- Identify standards for growth assessment and interpret growth data
- Describe the components of nutrition follow-up of premature infants after hospital discharge
- Discuss nutrition management of enteral (tube) feedings
- Describe basic concepts of nutritional management of selected chronic disorders
- Describe potential nutrition risk factors and treatment strategies for children with developmental disabilities
- Identify early breastfeeding problems and describe potential solutions
- Describe evidence-based nutrition practice
- Identify resources available for families and nutrition professionals
- Describe approaches to management of overweight and obesity

Part 2 - After attending this training program, participants will be better able to:

- Describe typical feeding development, identify problem feeding, and utilize an interdisciplinary treatment approach
- Identify and document malnutrition, use physical assessment tools, and describe approaches to intervention
- Describe considerations for implementing a blenderized diet in inpatient and outpatient settings
- Describe nutrition-related issues for children with neurodevelopmental disorders and intervention strategies

PROFESSIONAL CREDIT

Dietitians: up to 26 hours of continuing education will be awarded. The UW CHDD is a CPE Accredited Provider through the Commission on Dietetic Registration of the Academy of Nutrition and Dietetics

Others: Please contact your accrediting organization for information



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SPEAKERS

SPEAKERS

Suzanne Baily-Yin, RD, CD, CNSC, Clinical Dietitian, Epic Medical Solutions

Kim Braly, RD, CD, CNSC, Clinical Pediatric Dietitian, Seattle Children's

Barb Buchanan, MS, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Susan Casey, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Kim Nowak Cooperman, MS, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Alicia Dixon Docter, MS, RDN, CD, Manager, Ambulatory Nutrition and Wellness Programs and Dietitian in Adolescent Medicine at Seattle Children's; UW LEAH (Leadership Education in Adolescent Health) Faculty; and Clinical Instructor, Family and Child Nursing, UW School of Nursing

Sharon Feucht, MA, RD, CD, LEND Nutritionist, CHDD, UW; Nutritionist, Holly Ridge Center; Editor, Nutrition Focus Newsletter; Coordinator, Nutrition Training Grant, UW

Robin Glass, MS, OTR, IBCLC, Occupational Therapist, Infant Team, Seattle Children's; Clinical Assistant Professor, Department of Occupational Therapy, Division of Rehabilitation Medicine

Mary Jones Verbovski, MS, RD, CD, CSO, Clinical Pediatric Dietitian, Seattle Children's

Rachel Kay, RD, Clinical Pediatric Dietitian, Seattle Children's

Cam Lanier, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Hannah Maxbauer, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Lenna Liu, MD, MPH, Professor of Pediatrics UW School of Medicine; Odessa Brown Children's Clinic; Seattle Children's Obesity Program

Mari Mazon, MS, RDN, CD, Co-Chair, LEND Nutritionist, CHDD, UW; Nutritionist, Kinderling Center; Nutritionist, Pediatric Pulmonary Training Program, UW

Beth Ogata, MS, RDN, CSP, Co-Chair, Nutritionist, PKU Clinic, CHDD; Lecturer, UW Department of Pediatrics

Christina Pryor, MLIS, Assistant Director and Community Health Education Coordinator, UW Health Sciences Library

Ginna Wall, MN, RN, IBCLC, Lactation Services Coordinator, UWMC; Faculty, Bastyr University and Evergreen Perinatal Education

Nila Williamson, MPH, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Lynn Wolf, MOT, OTR, IBCLC, Occupational Therapist, Infant Team, Seattle Children's

Joan Zerzan, MS, RD, Co-Chair

CHDD=Center on Human Development and Disability, UW

Seattle Children's=Seattle Children's Hospital, Seattle

UW=University of Washington, Seattle

UWMC=University of Washington Medical Center/UW Medicine, Seattle



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REGISTRATION

The registration fee includes tuition, course syllabus, handouts, continental breakfast, lunch, coffee and refreshment breaks. Travel and housing costs are not included.

- Part 1 (Days 1-3) 20 hours CE credit - \$595 (group rate \$545)
- Part 2 (Days 3-4) 12 hours CE credit - \$395 (group rate \$345)
- Entire conference (Days 1-4) 26 hours CE credit - \$750 (group rate \$700)

The group rate is per person for two or more registrations which arrive together from the same agency or for employees of sponsoring organizations.

To register: Please send registration form and fee to UW - CHDD. You may also make payment using VISA or MasterCard or register online at depts.washington.edu/nutrpeds.

Program Changes: We reserve the right to revise the program schedule as needed.

Refund Policy: If you register but then cannot attend, you may send a substitute or, prior to the conference, request a refund less \$40 for handling.

Cancellation Policy: If the conference is cancelled, all fees will be refunded in full. Airline and/or hotel penalties are the responsibility of the registrant.

More Information: Please contact Beth Ogata (bogata@uw.edu or 206-598-1899) with questions or for additional information.

CONFERENCE LOCATION

Talaris Conference Center

4000 NE 41st St
Seattle, WA 98105

www.talarisconferencecenter.com/maps-directions.php

EXHIBITORS

Reserve exhibit space! For more information contact Beth Ogata bogata@uw.edu or 206-598-1899.

Planning Committee

Cheryl Davis, RD, CNSC, Inpatient Clinical Manager, Seattle Children's Hospital, Seattle

Sharon Feucht, MA, RD, CD, Nutritionist, Center on Human Development and Disability, University of Washington, Seattle

Polly Lenssen, MS, RD, CD, FADA, Director, Nutrition, Seattle Children's Hospital, Seattle

Mari Obara, MS, RDN CD, Nutritionist, Center on Human Development and Disability, University of Washington; Nutrition Faculty, Pediatric Pulmonary Center, UW, Seattle

Beth Ogata, MS, RD, CD, CSP, Co-Chair, Nutritionist, Center on Human Development and Disability; Lecturer, Pediatrics, School of Medicine, University of Washington, Seattle

Joan Zerzan, MS, RD, Co-Chair

Case Studies

Participants (all sessions) are invited to submit case studies prior to the program. Cases about feeding problems in infants and children are particularly encouraged. Please contact Beth Ogata (bogata@uw.edu or 206-598-1899) with questions or for a case study form. Participants will not need to present the information during a session.

HOTEL INFORMATION

Discounted rooms (\$159/night) are available on-site. To reserve a room, contact Talaris 206-268-7000 and reference the "UW Pediatric Nutrition Conference."

Other nearby hotels include the Silver Cloud Inn - University Village (5036 25th Ave NE, Seattle 98105, 206-526-5200) and the Travelodge Seattle University (4725 25th Ave NE, Seattle 98105, 206-525-4612).



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PROGRAM - Part 1

TUESDAY, MAY 22, 2018

- 8:00 Registration and Continental Breakfast
- 8:30 Welcome - *Beth Ogata and Joan Zerzan*
- 9:00 Evaluating Pediatric Nutrition Problems: Part I
Joan Zerzan
- 10:00 Break and Exhibits
- 10:20 Assessment of Physical Growth - *Beth Ogata*
- 11:10 Evaluating Pediatric Nutrition Problems: Part II
Joan Zerzan
- 11:55 Lunch (provided)
- 12:55 Development of Infant Feeding Skills - *Lynn Wolf*
- 2:00 Management of Tube Feedings - *Suzanne Baily-Yin*
- 2:45 Break and Exhibits
- 3:05 Tube-feeding Decisions - *Kim Cooperman*
- 3:55 Case Study Activity
- 4:30 Adjourn

WEDNESDAY, MAY 23, 2018

- 8:00 Continental Breakfast
- 8:30 Locating Pediatric Nutrition Resources on the Web -
Christina Pryor
- 9:05 Consultative Listserve - *Beth Ogata*
- 9:15 Nutrition and Children with Special Health Care
Needs - *Sharon Feucht*
- 10:15 Break and Exhibits
- 10:35 Nutrition Follow-up of Premature Infants - *Joan Zerzan*
- 11:40 **Concurrent Sessions**
 - A. Food Allergy - *Susan Casey*
 - B. Nutrition Management of GI Disorders - *Rachel Kay*
- 12:25 Lunch (provided)
- 1:25 **Concurrent Sessions**
 - C. Neurodevelopmental Disorders - *Kim Cooperman*
 - D. Pediatric Pulmonary Nutrition - *Susan Casey*

- 2:15 Breastfeeding: You can do it; we can help!
Ginna Wall
- 3:15 Break and Exhibits
- 3:35 Pediatric Weight Management and Childhood
Obesity - *Alicia Dixon Docter, Carley MacRae, and
Lenna Liu*
- 4:40 Approaches to Management of Overweight - *Alicia
Dixon Docter and Carley MacRae*
- 5:15 Adjourn

THURSDAY, MAY 24, 2018

- 8:00 Continental Breakfast
- 8:30 Welcome - *Beth Ogata and Joan Zerzan*
 - Block 1 - Focus on Feeding**
- 9:00 Feeding Problems in CSHCN - *Robin Glass*
- 10:00 Break and Exhibits
- 10:20 Moving Beyond Food Recommendations -
Barb Buchanan
- 11:10 Facilitated Discussion: Feeding - *Robin Glass, Barb
Buchanan, and Joan Zerzan*
- 12:20 Lunch (provided)
 - Block 2 - Focus on Malnutrition**
- 1:20 Pediatric Malnutrition: Identification and documen
tation - *Cam Lanier*
- 1:55 Physical Assessment - *Mary Jones Verbovski*
- 2:25 Physical Assessment - Putting it into action - *Mary
Jones Verbovski*
- 3:00 Break and Exhibits
- 3:20 Children with Low Energy Needs - *Mari Mazon*
- 3:50 Problem-based Learning: Children with Low Energy
Needs - *Mari Mazon*
- 4:30 Adjourn
- 5:00 Reception



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PROGRAM - Part 2

THURSDAY, MAY 24, 2018

- 8:00 Continental Breakfast
- 8:30 Welcome - *Beth Ogata and Joan Zerzan*
- Block 1 - Focus on Feeding**
- 9:00 Feeding Problems in CSHCN - *Robin Glass*
- 10:00 Break and Exhibits
- 10:20 Moving Beyond Food Recommendations -
Barb Buchanan
- 11:10 Facilitated Discussion: Feeding - *Robin Glass, Barb Buchanan, and Joan Zerzan*
- 12:20 Lunch (provided)
- Block 2 - Focus on Malnutrition**
- 1:20 Pediatric Malnutrition: Identification and documentation - *Cam Lanier*
- 1:55 Physical Assessment - *Mary Jones Verbovski*
- 2:25 Physical Assessment - Putting it into action - *Mary Jones Verbovski*
- 3:00 Break and Exhibits
- 3:20 Children with Low Energy Needs - *Mari Mazon*
- 3:50 Problem-based Learning: Children with Low Energy Needs - *Mari Mazon*
- 4:30 Adjourn
- 5:00 Reception

FRIDAY, MAY 25, 2018

- 8:00 Continental Breakfast
- Block 3 - Blenderized Diet**
- 8:30 Blenderized Diet - *TBD*
- 9:15 Facilitated Discussion: Blenderized Diet
- 10:00 Break and Exhibits
- Block 4 - Use of Therapeutic Diets**
- 10:20 Advancing Diet Therapy for IBD - *Kim Braly*
- 10:55 Non-Celiac Gluten Sensitivity - *Nila Williamson*
- 11:30 Ketogenic Diet - *TBD*
- 12:00 Lunch (provided)
- 1:00 Risks of Food Insecurity in Chronic Disease -
Susan Casey
- 1:45 Activity
- 2:15 Break and Exhibits
- 2:35 Complementary and Alternative Medicine in Neurodevelopmental Disorders - *Sharon Feucht*
- 3:05 Facilitated Discussion: Neurodevelopmental disorders - *Sharon Feucht*
- 3:40 Wrap-up and Evaluations
- 4:00 Adjourn



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Registration Form

To register:

- online: depts.washington.edu/nutrpeds
- fax: 206-598-1915
- mail: UW - CHDD
Assuring Pediatric Nutrition
Box 357920
Seattle, WA 98195-7920

Name _____

Address _____

City _____

State _____

Zip _____

Agency Name _____

Agency Address _____

City _____

State _____

Zip _____

Email Address _____

Daytime Phone _____

Conference Planning Information

Your practice setting:

- Inpatient Outpatient Community Other

May we contact you about contributing a case study? Yes No

List two primary objectives for attending this pediatric nutrition course

1. _____

2. _____

Please describe any food allergies or special dietary needs: _____

Part 1 Participants - Concurrent Sessions

(Choose one topic in each time period)

Session 1: Wed, 11:40 am
Session 2: Wed, 1:25 pm

- A - Food Allergy
 C - Neurodevelopmental Disorders

- B - Nutrition Management of GI Disorders
 D - Pediatric Pulmonary Nutrition

Course Fees

- | | | |
|--------------------------|---|---|
| Part 1 - May 22-24, 2018 | <input type="checkbox"/> Individual - \$595 | <input type="checkbox"/> Group* - \$545 |
| Part 2 - May 24-25, 2018 | <input type="checkbox"/> Individual - \$395 | <input type="checkbox"/> Group* - \$345 |
| Entire conference | <input type="checkbox"/> Individual - \$750 | <input type="checkbox"/> Group* - \$700 |

*Group Rate - Price per person for two or more registrations arriving together from the same agency

Total Paid \$ _____ (US Funds)

Check enclosed payable to University of Washington Purchase order or letter of authorization enclosed. Please bill my agency.

Charge my bank card: Visa Mastercard Exp. Date _____

Number _____